

VEGITERINISM

EAT PLANTS NOT MEAT

THE MORAL

Cruelty: we are hypocrites!



- 10 billion animals that produce our meat are raised in factory farm conditions which are so poor that we could never imagine putting our own animals through what these cows and pigs go through

THE ENVIRONMENT

An unreliable resource



- meat causes more emissions than all vehical transportation combined
- meat production used 100 times more water than vegetables do: animals fed on grain, and rely on grazing, need far more water than grain crops

TAKE THE STEPS

Weekday veg.



- If cutting out meat entirely is difficult try cutting it out 5 days a week ~ 70% less meat intake
- Swap meat for fish

THE FUTURE

no more food

- It's going to be almost impossible to feed future generations the kind of diet we have now if meat production does not slow down and people do not make a shift in their diets